Campus Sports & Recreation

Group Fitness Guest Policy

All students, staff and faculty members of the Group Fitness Program are allowed one guest per semester. This guest pass can be used in a single class.

To obtain a guest pass, the Group Fitness member must contact Natalie Spangler, n.spangler@northeastern.edu and schedule a time to pick up their guest pass. This must be done well in advance of the class. If the guest is present, they will sign a waiver at that time, otherwise they will sign the waiver when they arrive to class. An electronic version of the waiver, as well as hard copies, will be available.

Please arrive to the class a few minutes early to present your Guest Pass to the instructor and sign the waiver if applicable. If you arrive after class has begun, the instructor will not be able to accept the Guest Pass and check your guest in.

The Group Fitness member bringing the guest must be signed up for the class in Atleto. Please check Atleto to ensure the class is not full. If the class is full, a guest will not be able to attend that day.

If more than one person brings a guest to the same class, and there is only one spot left in the class, the member + guest who arrives first will be allowed entry into the class. There is no limit on the number of members who can bring a guest to a single class, if there are spots to accommodate them.

If there are any questions or concerns, please contact n.spangler@northeastern.edu.