

# Northeastern University

# Oakland Campus Sports & Recreation

## SUMMER 2024 — Group Fitness

Summer Session I 5/13 - 6/14  
Summer Session II 7/1 - 8/9

All summer classes will be open to students, staff, faculty, and alumni. Students, staff & faculty are allowed to bring 1 guest per class if the class is not full (*check Atleto for spaces available*). They will be asked to sign a waiver upon arrival. Sign up in advance because classes with no sign-ups will be cancelled the morning of.

*All of the following steps must be completed in order to sign-up for drop-in Group Fitness Classes on Northeastern's Oakland campus.*

### STEP 1: REGISTRATION

Follow the QR code here, or the link on our [website](#), to complete the registration form.



### STEP 2: DOWNLOAD ATLETO

To sign-up for Drop-In classes, download the Atleto app on your smartphone or tablet. Create an account using the same email you registered with. If you already have an Atleto account, skip to Step 3.


**ATLETO**  
#SPORTTOGETHER

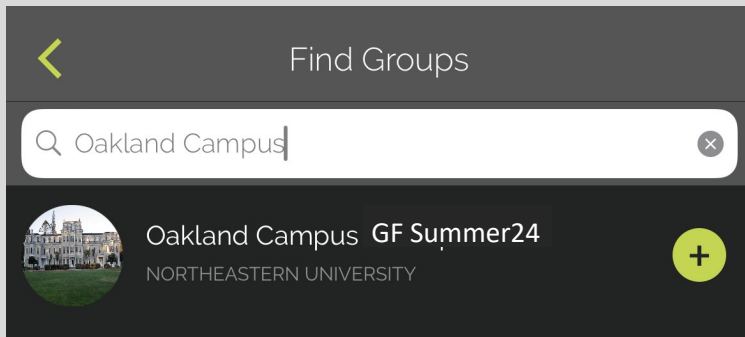


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## STEP 3: JOIN GROUP

Under 'Groups' in Atleto, search 'Oakland Campus', click  to join the group for 'Summer24'. It may take up to 24 hours (or 48 hours for alumni) for your request to be approved. Contact [OaklandGroupFitness@northeastern.edu](mailto:OaklandGroupFitness@northeastern.edu) if a more urgent approval is needed.



## STEP 4: COMPLETE WAIVER

Once approved in the group, you will be prompted to complete the waiver.

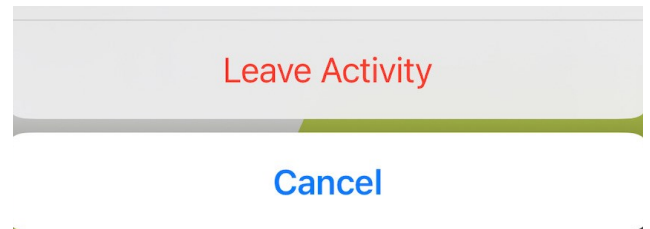
Once you complete all registration requirements, your status will change from 'Pending' to 'Active' and you will be able to sign up for classes!

## STEP 5: RESERVE

### CLASSES

Login to your Atleto account. You should be able to see all the classes for the upcoming week.

If you can no longer attend a class you signed up for, *you must LEAVE the class in the app or message the instructor.*



Class Schedule & Descriptions, and more information can be found on our website:



Questions? Contact [OaklandGroupFitness@northeastern.edu](mailto:OaklandGroupFitness@northeastern.edu)

Follow us on IG:  
[@NUOaklandCampusSportsandRec](https://www.instagram.com/NUOaklandCampusSportsandRec)